

T H E T H O R O U G H F A R E



Jeff Newman Photography

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I have been collecting poetical recipes for twenty years or more. It is a harmless, but potentially

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and much more...

Chairman's Notes

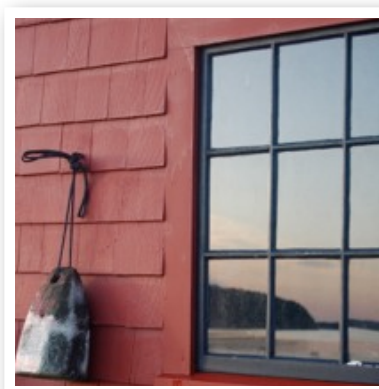
Randy Goodhue

So much for spring on Roque! We went from freezing temperatures and weeks of rain to beautiful hot summer weather. Memorial Day came early as did the island's visitors. We are in full swing and off to a good start to the "high season".

This year's Annual Meeting was held on May 5th at Portland's Museum of Art. There is a stunning portrait of John L. Gardner in the main foyer (a must see for family members). A new Board of Trustees (now ten strong), the Officers and the Committee Trustee Representatives were elected. Seeking cruel and unusual punishment, I have volunteered to continue on as your Chairperson. There is still much unfinished business. Please refer to the upgraded website and the updated "Greenbook" publication for specifics. For those Members who were unable to attend I urge you to read the Meeting's Minutes (website), which are quite thorough thanks to our meticulous Secretary, Alicia Monks.

The staff endured spring's inhospitable weather and managed to get the island ready. Bruce has posted a stream of video and comments, which will provide you with a detailed report of all that has been accomplished. Hats off to Bruce and the staff for all you have done under the circumstances. We have updated our Employee Manual and have incorporated a more formal process for all employees. Job responsibilities have changed with less emphasis on specific roles. Everyone is expected to help each other to

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Don't forget to friend us on Facebook! We have a private Facebook Group. All activities in this group is only visible to group members. If you are on Facebook and would like to be part of the group, please friend RIGHC

Thoroughfare and request to be added to the group. Please also recommend other members who are not yet part of the group.



Manager's Notes

Bruce Patterson

Roque is officially open for the 2013 season. Many thanks go out to the island staff and our off island day workers that have worked hard and long to get the island ready for you this year. While many projects have been accomplished our work list continues to increase so you will be seeing many activities taking place during your stay.

The Sand Peep has had most of its wood reworked, the sides buffed and the bottom painted. She will be on her mooring shortly. The Polly has been spiffed up and the bottom painted. She is ready to go.

We had a wooden barge constructed this year out of necessity. The barge we had been renting on a needs basis for the past few years is out of commission for the season. Last week we were able to take the family mule and a mower conditioner off at the same time. When the weather is right we will be bringing over 4 pallets of cement for a foundation project at the main barn. Addie our farmer has been working hard getting things cleaned and organized, exercising the horses and taking great care of all

of our animals. There are 4 ducks at the pond that we just got and they seem to be doing well. Her helper this year is Cyrus who works real hard. Below is something Addie wrote up about the horses:

George our little **8** year old pony has been founder free this winter and spring! We have paid extra close attention to what he eats. **NO GRASS, NO TREATS!** I'm sorry but that's the only way to keep this guy on his feet. He is feisty in his pen but when you get a child on his back he knows just what to do!

Mike has become George's new pen pal. Mike is unfortunately over weight and the green grass and treats aren't helping so, **NO GRASS, NO TREATS!** Sorry. Brushing him and scratching his head will be just as good. Mike is a great trail horse he is fearless at **13** years old! Let him know who is boss within the first ten minutes and you'll be golden free, loose rein for the rest of the ride. He doesn't like to be left behind and will try to play run and catch up. He's best in the front and okay behind.

Gus is Mike's best friend. Gus is a great ride when it's just the two of them and he gets a little worried when the ladies are around (Lilly-rose, Judy) Gus needs to wear a Tie-down/ Martindale your ride will suffer without it. Trust me he's a totally different horse. Gus only wears two front shoes due to his club footedness. This does not affect his ride unless you have to walk over something, and then let the horse in front show him the way. He'll get it, he just needs encouragement he's still a young **14** year old who's unsure of his confidence.

Judy as most of you might already know is a sensitive soul...and likes to bounce around like Tigger even at **17!!** She is for an **experienced rider ONLY**. Talk calmly to her, get to know her and above all the more relaxed you are in your seat of your saddle the better she is. Don't react to her it only makes it worse. She can be a wonder or a terror. Judy is most comfortable in the lead.

Lilly-Rose is fantastic horse don't let her size intimidate you, she's a very easy ride and her western saddle looks wicked awesome on her! Unfortunately this **18** year old



Planning your trip for this summer?

To make for more time while on island the Red House cleaning days between visits has been condensed.

As such please familiarize yourselves with the new guidelines for leaving the house.




A winter's Morning on Roque

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Chairman's Notes (Cont.)

"get it done". No more "that ain't my job; I just drive the boat"! More active Members and greater usage demands more work. To address this need, we have instituted a more formal part-time help program, and have asked Jay to oversee it in his new role as Assistant Manager. A hearty welcome to Cyrus and Danielle, this summer's Farm Assistant and Intern, respectively. I understand Danielle is the Head Chef at the Farmhouse; Roque's version of "Hell's Kitchen"!

Two recent undertakings that I am most excited about and have dedicated much of my time to are the formation of an outside Advisory Board (AB) and the work being done by the ad hoc Family Housing Committee (FAMHOC). The AB has come together to provide us with professional and experienced advice on how to fulfill our Mission over the longterm. Each member of the AB has been asked to join based on their ability to assist us in a specific aspect of our Mission. We have already had numerous productive meetings with the AB's Members. The latest was with John Piotti of the Maine Farmland Trust. He and the Farm Committee are working on a complete review of the farm's operations. The goal is to be more productive and efficient. Now that Roque's tax status is tied to the Farm, this objective is both timely and important. All the AB Members have been asked to participate in a panel discussion on Roque at the October Trustee's meeting. I believe this group will be invaluable and I look forward to their thoughts and recommendations.

Lindsay Herrick gave a thorough and informative presentation on the siting, design and construction of a new family house on Roque. While it is still in the formative stage, it is my objective that adequate housing be made available to meet the increasing membership demand. It is a confirmed fact that more people wish to come more frequently and for a longer time. This is great news, but we need to acknowledge

and accommodate this development. The financing of such a project is being examined. It would be a shame to penny wise and pound foolish and lose the enthusiasm of the next generation by stating "there is no room at the inn".

Many other capital projects are underway and include but are not limited to; a renovation to Lakeman's Cabin (privately funded), ongoing work to the Mansion and the Old Farmhouse, and completion of the work required to the Main Barn's floor and foundation. The new Maintenance Shed now houses the welding operation. Over the next couple of years we will begin to renovate the waterfront as the structures require much needed attention. A new barge was commissioned and is already paying off hauling equipment, checking moorings and transporting cement. The barge is critical as it's workload is unsuitable for the Peabody.

There is a new Red House cleaning schedule which will allow for additional nights available and greater revenue. Please bare with us as we work any kinks out of the new process. I am confident that Selena will do her best to assure that the House is as welcoming as always. What a great job Selena and her crew do; everyone loves arriving on Roque and benefitting from their efforts. We all notice the little touches like the wild flowers on the bedside table. Selena, you spoil us!

A couple of last minute odds and ends include the posting of Roque Bluffs, Roque and Lakeman Islands to prevent adverse possession. The rest of the out islands will be posted this summer. We do this every ten to twelve years. Ice was again successfully harvested this winter. It usually lasts well into August. It makes that evening cocktail that much more enjoyable. Ice sculptures are also fun to do for special occasions. Thanks to Bruce and the staff for continuing the long tradition of ice harvesting on Roque.

The Island Store has undergone significant changes. There is a refurbished look and many new and exciting products offered. I encourage you to visit (and buy!) while on Roque. You will also be able to place

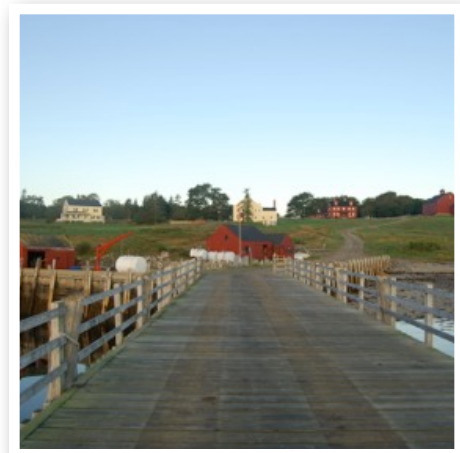
orders over the website. There is a real bargain to be had, as we need to move some of the old inventory. We continue to make progress on the AE front. Anna Demeo of The College of the Atlantic is expected to visit and complete her monitoring work. This will incorporate a state of the art upgrade to our wireless system. We anticipate the next array of solar panels to be up by the end of July doubling our solar power production.

Finally, please consider becoming a member of the Joseph Peabody Society by making a testamentary gift to Roque. A plaque recognizing the Founders and Members is prominently displayed in the Family Room. If your name is not there, it should be! Just let me know, if you wish to join the Society.

Have a great summer and I hope you all enjoy your visit to Roque this year. Remember the fall is just as beautiful as the summer!

Cheers,

Randy Goodhue





Manager's Notes (Cont.)

Draft is prone to foot trouble but I am working very hard with our new Ferrier Andrew to fix up her feet the best we can! She has a new product called "Equi-Cast" on her feet so picking them out will be difficult. She is also on several supplements to improve her full body and foot function.

Parker is 28 years old and still going! His coat is shiny, and his feet are actually shiny too! Go figure? His teeth look great and he is running around the field happy as ever. Although he looks great and seems fine he is almost 30 and his bones and joints are sore and old. He still holds the Title he wears proud "RETIRED". No riding this horse his racing days are over he is perfectly happy.

So sign up come for a ride with me or your friends. I love to give lessons or quick refreshers. I'm here to keep everyone having a good time and exercising these fat bellied horses! You can ask me anything there are no such thing as silly questions.

Matty the boatman has done a good job getting the boats ready for the season, cleaning up the boatyard and shops, keeping us supplied with fuel and generally helping out in most other areas of the island.

Our intern this year is Danielle. We had to change things up a bit this year in order to try and make the new Red House turn over policy possibly work. Danielle is cooking which frees Stephanie up to help with house turnovers and to work the garden where she has the most knowledge.

Jay is all over taking care of repair jobs, new projects and generally working too hard. We all need to give him our condolences as he was recently promoted to the assistant manager's position.

Selena and Jutta have the family houses in good order. Additional work was required in the Monks and Gardner Houses due to construction going on.

The website page "This Week on Roque" is updated on a regular basis with pictures showing some of the work that has taken place. I hope to have a garden page and farm page up shortly.

We look forward to seeing you all for a great 2013 season on Roque.

If you have any questions please let me know: bruce@roqueisland.com or 207-263-8431.



How to make a lobster buoy sailboat

by *The Fischer Family*

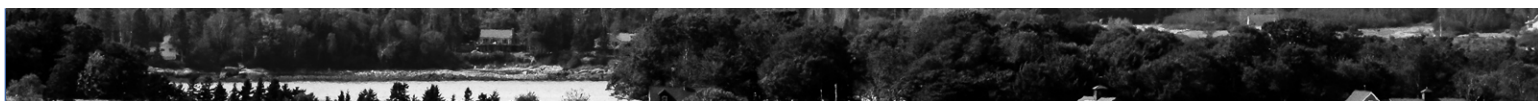
This is how you can make a little sailboat out of a buoy.

- Cut a regular lobster buoy in half lengthwise.
- Take a half of the buoy and it will become the hull of your boat.
- Take four bamboo skewers and tape them together in pairs of two.
- Overlap the ends by about two inches and tape the pairs of skewers together.
- Push the end of the skewers in the top of the hull about one third back from the front.
- Get a rectangular piece of sheet metal. (about 2 inches by 1 inch- readily found in the scrap metal pile at the farm)
- Make a little slit in the middle of the back of the boat in the bottom ridge (about a half an inch by a half an inch)

- Stick the piece of metal in the slit. This is your rudder to keep the boat going in a strait line.
- Go to the beach down by the dock to find a very thin rock (slate would be perfect) and the rock should weigh about 5 to 7 pounds. Make another slit (in the bottom of your buoy) about two thirds back from the front of the buoy. Shove a side of your rock into the slit. This is your keel to keep your boat upright!
- Get another pair of bamboo skewers and tape it together.
- Use a paperclip to attach a the pair of skewers to the mast at a right angle about one inch from the top of the deck. This is your boom and your sail will attach to it and the mast.
- Measure the height of your mast from the boom up.
- Measure the length of your boom from where it joins the mast to the end.
- Cut a sail out of a plastic trash bag to your measurements.
- Attach the sail to your mast and your boom using string or tape (personally i prefer string)

You are finished, go out and have fun!!!





Staff profiles

Hello I am Adrienne the new farmer on Roque island and more commonly known as Addie.

Before Roque Island I was born and raised on an organic farm in Saco Maine. We had all the necessities of life just on our little farm. It still feels magical to me even after all these years when I go back to visit. Farming and animal husbandry has been a passion of mine since a small child. I have worked and managed farms from big to small in Maryland and was licensed in Equine sports massage therapy during my course in Virginia. In between time I was a pre- kindergarten teacher which I loved very much. I had been teaching for seven years when I met my husband Matthew and our new journey together began.

Hello, I am Matt your new Boatman! I have been in love with boats and the ocean since I first sailed aboard the tall ship The Californian. We sailed from

Portland to Nova Scotia and back. That journey was the starting point for all my sea adventures to come. Later on I was hired aboard a 217 ft research salvage vessel called The Sea Hunter. I learned many trades including operating a 40 ton crane, scuba diving, general maintenance, complex mooring placement and knowledgeable facts about the ocean and its creatures.

We are excited to meet each family member personally and enjoy this summer season on Roque Island we are so honored to be here.



Jeff Newman Photography

Barnyard Buzz

Stella has had no issues yet! Great amounts of milk each day averaging 60lbs.

We had 21 lambs this year with hopes to raise 4 lambs in replacement of some older lady ewes.

Horses are riding well and we are working with the farrier to improve Lilly-Roses feet. We have narrowed down the problem! Yay! Mike is on a diet so no treats for him or George this year due to prevention of possible health problems.

Our new layers are colorful and fun and our broilers are healthy and lively.





A Day on Roque Island

(by Lucas Fischer – 2013)

The bluffs sweeping down toward the glittering,
Sparkling ocean, shivering with delight.
Seaweed hanging off of the solid, stubborn gray rocks like a rag doll.
Big fields seaming up with the straight edges of the trees
And running down to the beach.
Mud flats, stretching out, reflecting the glare of the sun.
Sand, soft as silk and fine as dust, a tan strip down the coast.
Frigid water, little waves lapping at the shore, moving the sand.
Little lines in the sand, water seeping down.
In the woods, the deep gloom subsides as moss
Peeks out from around a bend in the trail.
Springs gurgling.
The ice pond, black as soot.
Tall, light green grasses sticking up on the banks
An exact mirror image of the trees, grasses, and banks reflecting on the pond.
The dirt roads twisting, turning wind around and stop.
The rolling, hills with sheep and cattle.
Horses, necks bowed downwards, chewing thoughtfully.
The sun setting over the fields, casting a glow over the old 1700s houses.
Fences, throwing shadows down the fields.
Birds quieting down as the evening begins.
June beetles buzzing against the screen, flying in and out of your face and
shirt collars.
The lights are out. The bugs and frogs outside chirping and singing.
Wind howling softly as it goes by.
Black trees and hills looming out the window.



The Thoroughfare recently posed the following question within our private Facebook group: What you are most excited for on your visit to Roque this summer?

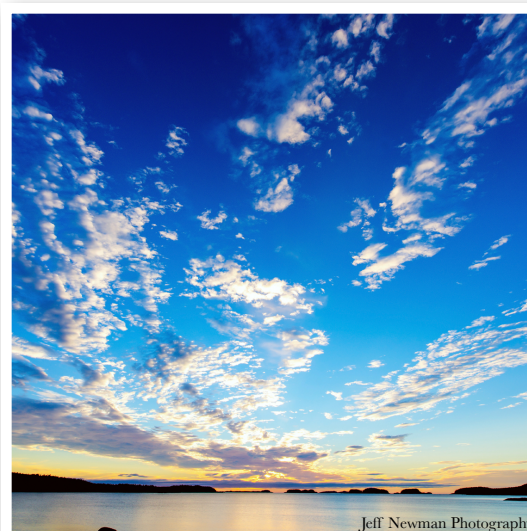
Here are some of the responses:

Rebecca Barry: “I’m most excited to have Cecily ride on George the pony, and go pick vegetables in the garden, and go play in the sand at Great Beach, and make and eat ice cream from Roque cream!”

Heather Monks: “I can always count on it being exactly how I left it last year, despite all the craziness at home.”

Pip Reath: “I want to ride a horse. With Mummy and Daddy. And Phoebe...who will hold Phoebe?”

Eliza Cutler: “Riding horses on the beach and eating amazing meals with Roque meat and veggies from the garden....and the BUTTER!”





Squires Point

Poetical Recipes

By George Herrick

I have been collecting poetical recipes for twenty years or more. It is a harmless, but potentially useful avocation. For they were written to help one remember, as a mnemonic if you will. The Romans collected them, as they collected everything else. There was a Renaissance collection, *Liber Cure Curorum*, in 1435. An anonymous Frenchman contributed *Les Festins Joyeux, ou la Cuisine en Musique* in 1738. And there was a selection in the British magazine, *Punch*, in the nineteenth century. My own two volumes, *To Feed A Bard* (2000) and *An Avalanche of Cream* (2008) are the most recent additions to the genre. Here is one, dating from 1898, with a Boston flavor, adaptable perhaps for Roque Island.



Boston Brown Bread

*The Bostonians, you know, are most cultured, 'tis said.
And it's greatly on account of their Boston brown bread.*

The secret of making I'm privileged to tell.

So, add one cup of corn meal, dear sisters, scald well;

Then add to the same cup of graham,

And a cup and a half of white flour,

Of Molasses a cup, and an egg beaten up,

And one cup of milk that is sour;

One teaspoon and a half to raise it,

And one of salt, or none would praise it;

Stir it up well, and four hours steam it;

And rest assured all will deem it

A greater treat than the finest cake

That one could eat or cook could bake.

Flotsam

SIGNIFICANT BIRTHDAYS:

Jack Gardner, 90 on 14 April
George Herrick, 75 on 8 April
Kate Gonzalez, 60 on 11 February
Anastasia Fischer, 50 on 4 March
Nick Kearns, 40 on 7 January
Eliza Cutler, 30 on 19 October
Will Goodhue, 25 on 20 May
Rebecca Newman, 25 on 29 August
Susannah Ames, 25 on 2 October



BIRTHS:

Isabella Baer Perkin to Tatiana (Papanicolaou) & Thorne Perkin on 23 April. Sister to John Gardner Perkin.

ANNIVERSARIES:

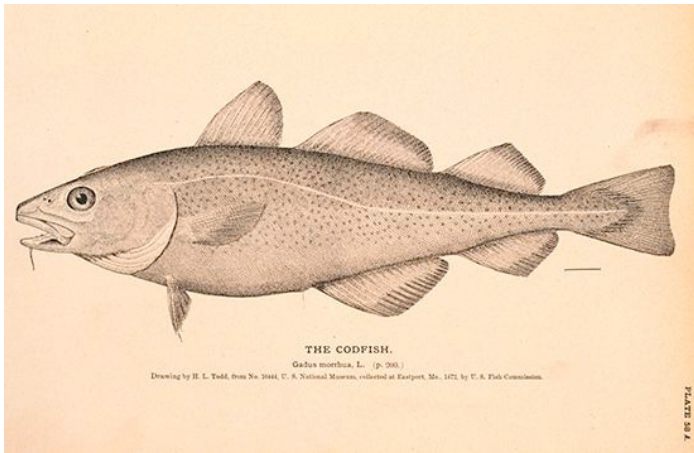
Posy & Charlie Dana, 35 years on 24 June
Nick & Rosa Higgins, 30 years on 13 March
George & Nanette Herrick, 20 years on 17 November
Gardner Monks & Tasha Braga, 10 years on 9 August
Gretchen & Nick Covino, 10 years on 17 January
Isabella & Andrew Ridall, 5 years on 10 May
Kitty & Vincent Montalbano, 5 years on 26 July
Ben Alexander & Carly Cope, 5 years on 13 September
Mary Ellen & Austin Chadd, 5 years on 20 September
Tatiana & Thorne Perkin, 5 years on 4 October



Downeast Dispatch

Those little river fish may bring big ocean fixes Salmon ate smelt. Striped bass ate young eels. Did cod eat alewives? And what are they eating now?

by Dr. Heather Deese and Catherine Schmitt



Will the fish come back? Will the fish make it to their spawning grounds?

These are the questions on the minds of fisheries biologists and river advocates this time of year, as they pay close attention to dam removals and other restoration efforts on streams and rivers.

Many of these restoration projects began decades ago and focused sharply on the endangered Atlantic salmon, but scientific perspective has widened to the entire complex of sea-run or diadromous fish that move between salt and fresh water, in order to restore the complete ecology of coastal watersheds.

Recently, another group of people have been watching, too: commercial fishermen, oceanographers and marine biologists who suspect that restoring populations of smaller sea-run fish like alewives and rainbow smelt will benefit ocean fish like cod.

Because large river restoration projects like those on the Penobscot and St. Croix rivers are just getting, the true impacts on the Gulf of Maine remain to be seen.

In the meantime, the evidence in support of the theory collects.

Throughout the 19th century, citizens up and down the New England coastline protested what they saw as excessive harvest of inshore and river fisheries, and some of them mentioned linkages to the valuable cod fishery.

In his 1873 report to the U.S. Commission of Fish and Fisheries, Spencer Baird documented his conversations with fishermen about the impact of declining forage fish on ground fish populations in eastern Maine:

"That period [of large catches] was before the multiplication of mill-dams, cutting off the ascent of the alewives, shad, and salmon, especially the former. The Saint Croix River was choked in the spring with the numbers of these fish, endeavoring to ascend; and the same may be said of the Little River, the outlet of Boynton's Lake, about seven miles above Eastport..."

"The young come down from the ponds in which they are hatched, from August to October, keeping up a constant stream of the young fish. In this way a supply of alewives was to be met with throughout the greater part of the year, and nearer the coast they furnished every inducement for the cod and other ground fish to come inshore in their pursuit...the reduction in the cod and other fisheries, so as to become practically a failure, is due to the decrease off our coast in the quantity primarily of alewives and, secondarily, of shad and salmon, more than to any other cause."

William Leavenworth, a senior research fellow at the University of Massachusetts, agrees.

"Everyone seems to have overlooked the role of the little inshore fish that few eat anymore—smelt, tomcod, cunners and white perch. I think an entire inshore ecosystem has gone missing over the past century," he said.

Salmon ate smelt. Striped bass ate young eels. Did cod eat alewives? And what are they eating now?

In a paper published in January in the journal *Marine Ecology Progress Series*, Theo Willis and Karen Wilson from the University of Southern Maine studied cod diets in Passamaquoddy Bay and compared their findings to similar studies in 1965 and 1896. Leavenworth and his colleague Karen Alexander are co-authors.

Cod are omnivores, or what scientists call "generalist predators." They eat whatever they happen to come upon: scallops, crabs, urchins, herring; as a result, their diets reflect the entire ecosystem.

Cod ate more fish in 1965 than in either 1896 or 2005. As explanation, the study authors posit that the fish that cod would rather eat were already on the decline in 1896: river fisheries had long passed their peak and the smoked herring and sardine industries were taking billions of Atlantic herring out of the bay. So the cod ate more crabs, shrimp and urchins.

(Continued page 9)



Cod (continued)

Then, in the decades between 1910 and 1965, scallop dragging, pollution and green crab predation on clams had taken their toll on bottom dwellers, leaving the cod with a surface diet of shrimp, krill and fish, including a few herring. By the 21st century, cod were few and far between in Passamaquoddy Bay; the 19 fish that the researchers were able to catch didn't have any herring in their stomachs.

"What we see today, throughout the Gulf of Maine, are historic lows in forage fish abundance that have resulted in a virtual fish desert in near-shore areas, where fish were caught in abundance just a century before," Willis and his colleagues wrote in their paper. "Restoring alewives, menhaden, and Atlantic herring may be essential in bringing back coastal cod populations and rebuilding complexity in an impoverished ecosystem," they concluded.

As many as 32 million alewives once swam through Passamaquoddy Bay. Menhaden haven't made an appearance in 150 years, and the region's iconic herring weirs have been fallow for more than a decade.

Today, the system is dominated by invertebrates—animals without backbones, with less protein and nutrients than bony fish. This is why fisheries scientists have been saying that in order to get the big fish back into coastal waters, we have to get the little fish back.

This article was taken from the Working Waterfront Newsletter, June 2013



Seals warming themselves in the Thoroughfare during a winter's low tide.



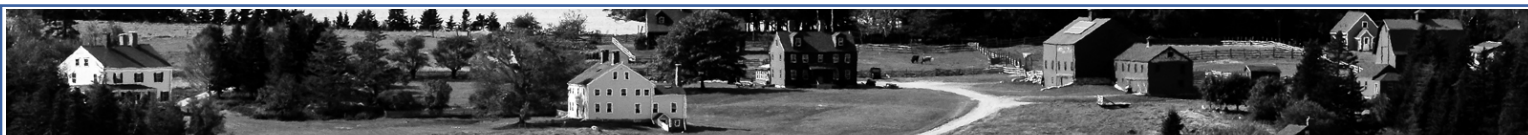
Machias Turns 250!

The town was incorporated June 23, 1784, then including what today are the towns of East Machias, Whitneyville, Machiasport and Marshfield. It was the first town incorporated between the Penobscot and the St. Croix rivers.

English settlers had visited as early as 1633, when Richard Vines established a trading-post. During this period, France and England frequently fought over territory. The French attacked from Port Royal, Nova Scotia, and killed two of the village's six defenders and carried away the others with their merchandise.

The town includes a University of Maine college and a small airport owned by the town. The word Machias is a word from the native Passamaquoddy tribe that roughly translates as "bad little falls," referring to the Machias River. The town also is site of the first naval battle of the American War for Independence.

In June 1775, just after the conflict between colonists and British soldiers at Lexington and Concord, the British schooner Margareta arrived in Machias, where independence sentiments ran high. After some conflict between the townspeople and the ship's crew and officers, locals attacked the Margareta and seized it for the American cause.



The Roque Store Revamped!

The shop at Roque Island has been revamped! In an effort to improve a revenue channel for our beloved island, we have expanded the shop space and added many new items - from apparel to works by family artists and other local artisans. Our hope is to provide items that improve your experience at the Island (insulated totes) and enable taking a bit of Roque home with you (key chain with the archipelago on it).

Be sure to let us know what you think! Constructive feedback will be extremely valuable to us as we continue to make enhancements over the coming years. We will also be monitoring sales closely over the summer to improve our understanding of what people would like to see.

In order to ensure that this effort is profitable, members should be mindful of hosting their guests while in the shop and ensuring that it remains tidy and receipts are properly filled out. We responsible for our own shop and its success depends on our own vigilance in maintaining it!

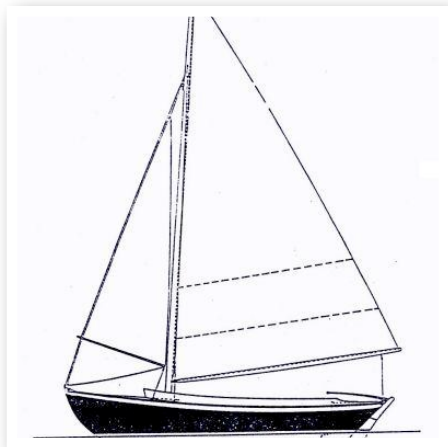


Come enjoy the new shop and the great new merchandise being offered this summer! Here's to a wonderful (and profitable) summer at Roque!





The Herreshoff 12 1/2



LOA:15' 8"

LWL:12' 6"

Draft:2' 6"

Beam:5' 10"

Sail Area:140.00 sq ft

The Herreshoff 12 1/2 is a sailboat that is typically owned by shore-dwelling summer folks in Maine, and for good reason. Beautiful, roomy, seaworthy and sweet-sailing, they are the perfect boat to send the kids off for the day without worry. Many are those who learned to sail in a 12 1/2 (often called a Bullseye in Maine), and many are the yachtsmen who, perhaps having parted with a larger boat, sail them for the remainder of their sailing lives.

Buoyant and stable, with a ballasted keel, they cannot be capsized, and if they are swamped they can float on their integral ballast tanks or foam flotation, but they will take a lot of weather before that happens. Virtually the whole boat is a large, deep, comfortable cockpit that will seat a gang in comfort, and offers a great feeling of security for timid sailors. This would be the ideal boat for taking very small children along. The jib can be reached from the cockpit so it is never necessary to leave its security, making it very unlikely that anyone would ever fall overboard. The rig is small enough so a young child can sail the boat, but it is powerful enough to provide very pleasing performance under all typical conditions. They can be rowed after a fashion, in a calm. A roomy cockpit sole makes it possible for one person or two very friendly people to sleep aboard under a boom tent, and some ambitious cruises have been made in these boats, over the years.

Available with either a Marconi or a gaff rig, 12 1/2's are still actively raced in some locations, with the two rigs competing on an equal basis and without much evident difference in performance.

The utility of the 12 1/2 is limited only by the fact that their draft is too deep for convenient beaching. They would come to no harm being grounded out on a suitable shore, but you'd have to get wet to get ashore when they first touch and you might have to wait quite a while for the tide to float you off. For this reason it is typical to tow a small dinghy and anchor the 12 1/2 off the beach, if going ashore for a picnic.

Article Credit: Arisan Boat Works

Calling all sailors!

Please note! After 15 seasons, the Sand Peep needs a new set of sails. We are looking for any kind (and salty) soul(s) who would like to make a contribution, please contact Roo Reath(rooreath@yahoo.com).

From the Library

her.

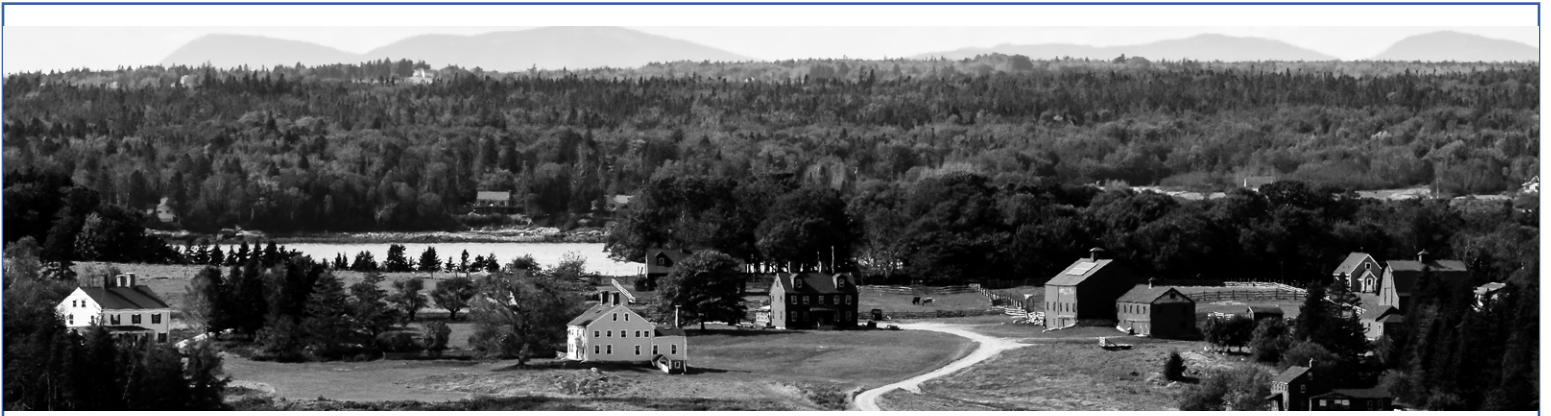
Isabella Stewart Gardner may have been extravagant in her purchases of fine art, but she had a Gardner stinginess when it came to domestic expenditure, as perceptively registered in two letters by Mary Berenson about

To her family (October 19, 1903 Green Hill, Brookline MA)

Here we are at last in the house of the marvelous "Mrs. Jack". But only in her country house, not in Fenway Court, her museum, which she refuses to show us until December, being a very imperious lady, and determined we shall remain in Boston longer than we meant to. She wrote us that she lived here in the country the life of "an ascetic hermit" but we supposed this was a mere boast (like some hermits I have known!), but we have come to find it true. In two days I have lost an inch around the waist, between a plain spare diet and freezing cold. She is a person who cares absolutely nothing for physical comfort, so long and she has fresh air....

To her family (October 31, 1903 Newport, RI)

Mrs. Gardner's pet hobby seems to be a hatred of spending money on light. She saves all her old candle ends has only one light in her drawing room, and none anywhere else, not even in the halls. Her bedrooms are supplied with gas, but the moment we leave them some one rushes in and turns them not down but out. It really is comic.



We want your articles and photographs!

To submit an article or photograph for the next Thoroughfare, please submit them to: thethoroughfare@yahoo.com

The Thoroughfare would also like to thank Jeff Newman for providing us the cover photos as well as the header photos. Please visit <http://jeffnewmanphotography.com> for more information on his great work.

THE THOROUGHFARE

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