

ROQUE ISLAND STORE



The Roque Island store has many items for sale including hats, bags, blankets and handmade items. Perfect for holiday gifts and year-round, please contact Selena Patterson to order: 207-263-8431

2008 CALENDARS

A 2008 Calendar of John Lowell Gardner's scenery will be available soon. Price will be approximately \$25 including shipping. Orders can be placed with Alicia Monks - amkm@aol.com



To submit an article for the Spring 2008 issue of *The Thoroughfare*,

please send to the Editor, Posy Dana at rcdana@mac.com

or mail to:

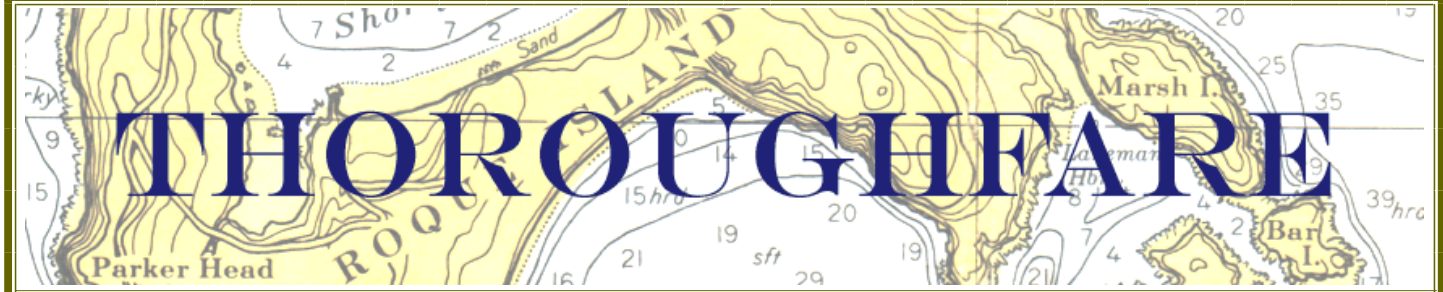
701 Bellevue Avenue
Newport, RI 02840.

Electronic submissions
whenever
possible please!

Deadline is April 15th.

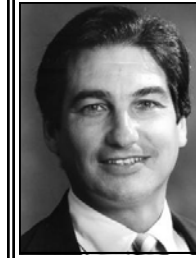
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The Thoroughfare
C/O RIGHC
45 Exchange Street
Portland, ME 04101



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PEABO GARDNER 1948 ~ 2007



It is with great sadness that we report that Peabo passed away on September 5th after a long and valiant fight against Multiple Myeloma. Peabo was 59. His annual visits to Roque began early in his childhood and continued until last year. Susan, Gus, Hilary and his grandchildren were the linchpin of his life but his many friends and cousins were also drawn to his warmth, allegiance and ever-ready words of encouragement.

Several months ago, when a good friend asked Peabo how he was coping, he answered that the one great benefit of his disease was that he suddenly was seeing the world in technicolor and that this heightened view was nothing short of miraculous. It says a lot about Peabo that he came up with a plus, not a minus. Peabo's love of Roque will doubtless carry on in his children and grandchildren.

CHAIRMAN'S NOTES *by Randy Goodhue*

The Trustees met Oct. 12-14 for their Annual Meeting on Roque Island. The island had one of its best seasons. The weather cooperated all summer long, and members reportedly enjoyed their visits to Roque. There was an overwhelming consensus that the island's infrastructure was much improved, and that the manager and his staff had made a great effort to assure members were well attended to while on Roque. *Continued on page 2...*



"WATT" YOU CAN DO *by Ben Alexander*

The alternative energy committee has been evaluating Roque Island's energy needs in order to establish a strategy to meet the long-term needs of both the family houses as well as the surrounding compound. We continue to explore ways to reduce the islands overall energy consumption and assess the various solutions for producing energy on-island from renewable resources. *continued on page 7...*



NEW ON ROQUE

Look for our new Weather Vane, atop the barn on Roque, found by Tanya Fischer.

Look for new (& old) fairy houses throughout the forest on Roque.

Winter is a great time to save energy! Review our Energy Saving Tips in this Newsletter

Call Selena Patterson to buy items from the Roque Island Store

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CHAIRMAN'S NOTES - Continued from page 1

Brief highlights from the meeting are listed below:

- * All the committees' Trustee Reps reported to the Board. It was agreed that the committees are functioning well and are very helpful to the Trustees. The committee reports will be posted on the Roque website where appropriate.
- * The Rusticators Committee has been dissolved, as it was deemed unnecessary now that we have a good and experienced manager, and that the Family Trustees can take on most of its responsibility.
- * Independent Staff Housing (ISH) is underway. We expect to have the structure up and enclosed by the end of November.
- * A demonstration of the fire trailer was given. It is a great improvement over what had previously been in place.
- * Continued improvement to our website is being made. Please take a moment and familiarize yourself with the RIGHC website. The pictures are sensational and the information it holds is extremely helpful. The committee reports are all posted on the site.
- * The Long Range Planning Committee will work on a 5- year plan and will reach out to other family-held properties like Roque to better understand some of the issues of this kind of stewardship.
- * We have updated the Policy Book to reflect the need for adequate time between visits to clean the houses as well as other issues such as appropriate arrival and departure times.
- * A survey of the membership will be conducted to assist the Trustees with the 5 Year Plan and the annual budget meeting scheduled for Feb. 10 in Boston.



- * The By-Laws will be amended to reflect the new Trustee election process.



- * The Alternative Energy Committee agreed to submit a recommendation as to how we can reduce our carbon footprint while on the island. It was also noted that our electric cable may have a longer life expectancy than originally thought. A generator, capable of powering the entire island, has been successfully installed and works perfectly.

- * The possibility of a voluntary capital campaign for endowment is being considered.

- * There is work to do on the Red House and the Mansion House

kitchen. All the buildings will be painted. The main barn has a new roof. The sheep barn will be re-shingled where necessary. Work is scheduled to be done on the Shorey Cove and Patton Cove docks.

- * A new barge is required as is a replacement for the Loon, which was sold.
- * Consideration being given to a island museum. An initial location might be the second floor of the main barn. More to come on this as we continue to upgrade the Island's plant and equipment.

Have a warm and prosperous winter. We encourage all members to become involved in Roque and you should start planning for your visit next summer now!

Cheers,
Randy Goodhue, CHAIRMAN

REUNITED...AND IT FEELS SO GOOD *by Bob Monks*

My three college roommates Harry Buttrick, Donald Munro and Ben Makihara were all ushers when Milly and I married on July 2, 1954. We have been in frequent communication during the intervening half century. All have been married for more than 50 years ... to the same spouse. Harry and Ann Buttrick, both graduates of the Harvard School of Design, have practiced architecture in New York City; Donald Munro is a professor emeritus in Chinese Culture at Michigan, Anne Munro is a health care professional; Ben Makihara is chief of all the Mitsubishis, having been CEO and now "senior advisor", while Kiko continues as First Lady of Mitsubishi, a company founded by her Iwasaki family. It says something about the Harvard Admissions Office that we were assigned to room together, Harry, Don and I arriving as upper Class transfers to Adams House. I had known Ben at SPS.

We have periodically had reunions and about a year's planning preceded our getting together at Roque for four days in mid September. We had to co-ordinate with Ben's periodic trip to America for an IBM board meeting (He has successfully transcended their age limits!) and swap house times with my brother Bill. Also, we had to engage Maine's premier caterer and our great friend Craig Williams, who with his wife Linda, has made the culinary aspects of our stay a delight. George and Nanette Herrick joined us for "dinner for 10" one night.



The particular aspect of Roque "magic" that impressed was the beauty and the pervasive quality of moss on the trails. We were able to walk on the Head for an hour in bare feet and also in the middle and upper Heath trails. For Milly and I, the ability to share Roque with our closest friends was the joy of a lifetime.

"WATT" YOU CAN DO *continued from page 1*

When replacements are required, old equipment and appliances are being upgraded with more energy efficient ones including every light bulb on the island. The committee is investigating potential wind and solar energy systems that would reduce our reliance on mainland power. Visitors (you and your guests) can also have a significant impact on energy consumption. Please consider these energy savings tips on your next visit to Roque Island.

- | | |
|---|--|
| + Wash your clothes on cold cycle | + Wash only full loads of clothes and dishes |
| + Hang-dry your laundry | + Turn down thermostats at night |
| + Keep unoccupied room doors closed | + Close curtains and shades at night |
| + Report leaky water faucets if unable to fix | + Air dry dishes in a dishwasher |
| + Regularly clean the lint filter on the dryer | + Run the dishwasher only with a full load of dishes |
| + Limit showers to every-other day | + Limit showers to 4 minutes |
| + Adjust the flame on gas cooking appliances so it's blue, not yellow | |
| + Use task lighting whenever possible instead of brightly lighting an entire room | |
| + Use toaster ovens or microwave ovens for cooking small meals | |

If you are interested in participating on the Alternative Energy Committee or have any questions or ideas, please contact Tassia Smith at tassia11@aol.com or Judd Fisscher at judd@julianfischer.com

EASTERN MAINE CONSERVATION INITIATIVE (EMCI)

EMCI Established to fill a recognizable gap in conservation coverage of the Maine coast

The Eastern Maine Conservation Initiative (EMCI), founded in 1996, is a non-profit organization designed to fill a recognizable gap in conservation coverage of the Maine coast, which has become a national priority in recent years. EMCI operates in the Machias Bay area between Jonesport and Quoddy Head. Washington County is one of the poorest counties in the United States; there are few businesses, foundations or charitable organizations which serve the region. Thus the charitable dollar or the foundation grant has less competition, stretches further and has a multiplier effect in that challenge grants are available for many conservation projects.

EMCI believes in fostering sustainable ecological communities, in preserving the cultural geography of the Maine coast, in generating good natural science and in seeking private stewardship solutions to environmental conservation through collaboration between public and private interests.

EMCI will also act as a land trust in the Machias Bay area. The operations of EMCI builds on a network of long-standing contracts in the conservation, university and scientific community of Eastern Maine.

As of 30 June 2007, EMCI had total assets of \$121,590.21. Total grants since 1996 have amounted to \$152,985.

To obtain more information about EMCI or to make a contribution, please contact George Herrick.

FAIRY HOUSES ON ROQUE *by Charlotte Alexander*

My recollections regarding Fairy Houses at Roque go back to the summer of 1991 when a friend and I took our children to the Island. For some reason, whether it was that I had just been to Monhegan Island and been enchanted by the Fairy Houses there or that my friend just wrapped up another school year teaching children, we got to thinking that Roque had no fairy houses and hadn't as far back as I can remember (early 1950's.) So we started building and were so pleased that by the end of the following summer, more fairies had moved in! And each summer since, they have multiplied to the extent that new ones appeared this summer almost all the way to Great Beach. For more Fairy House photos, visit www.Roqueland.com/photos.htm



SQUIRE'S POINT *Clam Chowder*

The appearance at a Newport, Rhode Island Art Gallery this summer of the above painting, *All The Ingredients to Make a Clam Chowder* (1890), by George William Whitaker (1841-1916), prompted reflections on the art of preparing that delicious dish, so redolent of Roque Island and Maine. Born in Fall River, Mass., and later a key figure in the Providence, Rhode Island Art Club and an instructor at the Rhode Island School of Design, Whitaker was a child of Narragansett Bay, home of the clambake. On view before us are the ingredients we know so well: clams, potatoes, onions, hard tack, salt pork flour, milk and even (it appears) okra in the lower left hand corner. There must be pepper somewhere there.



We all have our hobbies or little collections of things, our *violons d'Ingres*. One of mine is seeking out rhyming recipes, some of which appeared in *To Feed A Bard* (2000). Here then is one for clam chowder by William A. Crofutt (1835-1915), a turn of the century littérateur known also for his book, *The Vanderbilt's and the Story of their Fortune* (1886). Missing only is the crucial ingredient of salt pork for which, perhaps, he could find no rhyme.

First catch your clam - along the ebbing edges,
Of saline coves you'll find the precious wedges,
With backs up, lurking in the sandy bottom;
Pull in your iron rake, and lo! You've got 'em.
Take thirty large ones, put a basin under,
And cleave with knife the stony jaws asunder;
Bring to a boil (and, by the way, the quicker,
It boils the better, if you'd do it cutely),
Now add the clams, chopped up and minced minutely,
Allow a longer boil of just three minutes,
And while it bubbles quickly stir within its,
Tumultuous depths, where still the mollusks mutter,
Four tablespoons of flour and four of butter.
A pint of milk, some pepper to your notion,
And clams need salting, although born of the ocean.
Remove from fire (if much boiled they will suffer,
You'll find that India-rubber isn't tougher);
After 'tis off, add three fresh eggs well beaten,
Stir once more, and it's ready to be eaten.
Fruit of the wave! oh, dainty and delicious!
Food for the gods! Ambrosia for Apicius!
Worthy to thrill the soul of sea-born Venus,
Or titillate the palate of Silenus.

Bon appetite!

George G. Herrick

NEW WEATHER VANE

Next time you visit Roque, look for our shiny new weather vane (right) that Tanya Fischer found for the Barn.



WHAT IS A FAMILY TRUSTEE?

A Family Trustee is a conduit. One function is to be the first point of contact between the membership and the Board of Trustees. Any concern or issue should be brought to the Family Trustee who in turn will present the matter to the Board for discussion. Tassia Smith and Alicia Monks may not have all the answers to your questions, but they will get you the information you need or direct you to the appropriate person.



Contact:

Tassia Smith (Gardner Family) - 617-738-3362 or tassia11@aol.com

Alicia Monks (Monks Family) - 781-891-3517 or amkm@aol.com

MY EQUIPMENT BOX *by George Herrick*

Unpacking my equipment box is one of my first chores on arriving on Roque. Everyone, of course, has his or her own collection of things felt to be necessary for the enjoyment of a holiday on the Island. An inventory of my equipment box defines my life on Roque and, indeed myself in many ways. It also shows how indebted I am to Christmas presents from my family. Here then is my collection of useful things built up over the years.

Wind Meter	Croquet Deadness Board	Field Glasses
Chainsaw Tools	Dowsing Rod	Butterfly Nets
Cloud Chart	Windproof Matches	Sea Urchin Decapitator (French)
Survival Kit	Nylon Hammock	Rite in the Rain Notebooks
Tin Drinking Cup	Ear Plugs for Skeet Shooting	Retractable Trowel Electric
Poncho	Mushroom Brush	Mosquito Repeller
Not Tonight Deer Repellent	Pink Marking Tape	Sling Shot
Polar Shield Emergency Blanket	Puttees	Fishhook Remover (Scottish)
Mosquito Nets	Stop Watch	Tape Measure
Whistle	Deer Horn	Magnifying Glass
50 Feet of Para cord Rope	Duck Callers	Stag Horn Fish Basher
Two Retractable Saws	Spare Boot Laces	Chalk for Marking
Range Finder	Shepherd's Crook Dental Tool	Golf Whiffle Balls
Cold Water Thermometer	for extracting Periwinkles	Birdsong Tapes



ROQUE MEMBERS' COOKBOOK *by Ellen Higgins*

It has occurred to me recently that we have many more members cooking at Roque while visiting. For those of us who have prepared meals at Roque, we know it can be both a pleasure and a challenge, depending on one's ingenuity and the contents of the kitchen cupboard.

I am proposing we develop a new *Roque Cookbook*, including "Thyme is of the Essence", 1974, as a special section featuring Island-based meals. I hope to make all recipes in this book of local "flavor" and interesting; for instance, surely someone knows how to use lesser known cuts of lamb to create a delicious dish and how about dandelions and deep-fried parsley?



My goal is also to collect recipes that use components that are available either on Island (or in the surrounding sea) or in the Machias Grocery Store. This could be interesting for those of us who are "from away"; historically Maine cooks made do with what the land provided.

If this seems like a good idea to a number of you, I would be happy to form a small committee to collect, proof, and print recipes that you are willing to share with the rest of us.

If you are interested in being part of the committee and/or have recipes you would like to share, please send all correspondence to: Ellen Higgins, ellen@ramtrust.com

FRICASSEE OF ROQUE LAMB *by Tanya Fischer*

2 lbs. boneless lamb shoulder
 2 T. oil
 2 T. flour
 2 c. boiling V-8 or tomato juice
 1 c. dry red wine
 1- 1/2 c. chopped onion
 8 cloves garlic, minced
 4 sprigs parsley, minced
 1 bay leaf
 1 t. oregano
 salt to taste
 freshly ground pepper

Trim off most of the fat; cut the lamb into 1-inch cubes. Heat the oil in a heavy casserole quickly sauté the meat. Sprinkle with the flour, tossing the meat to coat evenly.

Meanwhile, bring the V-8 juice and red wine to a boil. Pour over the meat in the casserole dish; add the remaining ingredients. Lower the heat to barely simmer, cover and cook for 1 to 1-1/2 hours, or until the meat is tender. Stir occasionally to prevent sticking.

Remove the bay leaf before serving over rice or with parsley boiled little red potatoes.

(Serves four; Adapted from the *Fannie Farmer Cookbook*)

WWW.ROQUEISLAND.COM

The Roque Island website is continually being updated. You will find recent committee reports, schedules, a message board, photographs, member directory and more. Username is: **joseph** and password is: **peabody**